

*sustainable*  
**Lunches**

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## Sustainable Lunches

SE Asia is home to many displaced children or ethnic groups who lack food reliable access to safe and nutritious food at all times. This has created a need for schools and foundations to strive to create a sustainable food source which they can control at their locations.

Using the often limited space these foundations and schools have, we have created a customized plan for gardens that produce continually.



“We must cultivate our own garden.”

*Voltaire*

Besides providing organic nutrition, children also get to learn about agriculture and gardening.

These projects provide great continued value to the beneficiaries and a lot of great fun for the teams who come and help contribute.

## The Objectives

To create sustainable green walls, mushroom farms, and vegetable gardens for a school or foundation.

## Completion

- Build a mushroom farm to provide a continuous flow of fresh mushrooms with minimum maintenance.
- Create a salad bar green wall with automated watering system that provides various types of salads throughout the year.
- Build a vegetable growing garden system that provides fresh vegetables.
- Cook a healthy meal for the students and staff and enjoy together.





# *sustainable* Lunches

## *sustainable* Lunches

Work with us locally to genuinely become involved and make a real difference in the lives of those who need it most.

Contact us to help with facilitating half day, full day, or extended programs to suit the budget and effort you wish to support.



Closely working with local NGO, Helping Hands Chiangmai Foundation, we can help maximize impact.

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