SETTING AND ACHIEVING GOALS TOGETHER



SYMBIOSIS SESSIONS

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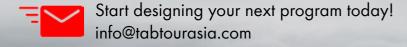
WORKSHOP SERIES

Results Oriented Soft Skill Training & Development

Our Workshop Series are professional training modules to develop understanding and know-how, while cultivating a healthy long-term interaction between delegates. Workshops are visual, packed full of practical hands on games, projects and activities to help keep participants engaged and maximize the understanding and retention of each session's subject. In cooperation with you, we will design and customize workshops and training activities to seamlessly integrate into your work space.

Being in corporate training and team building field for over 15 years, we have designed detailed soft skill training programs that are essential to generate high performing employees and teams.

Seen in the industry as an innovator, we provide an active and engaging approach to all our learning modules.





This 2 day workshop exceeded all expectations. Professional trainers and facilitators, well designed activities and great support!









Mission Sessions

Well defined goals and targets are imperative to improving performance and achieving your mission. When goals are absent from the teams focus, people and teams quickly settle into routines that fail to turning the invisible stimulate innovation, problem solving, pro-activeness and creativeness. When well defined, attainable, and measureable targets are set, teams are stimulated to think forward to achieve their ultimate mission and result in continual positive results.

"Setting goals is the first step in into the visible. "

Tony Robbins

The Program

The program is a fully active learning package that can be followed up with half or full day sessions for further development. We begin with learning why goal setting is imperative and review the importance of mapping goals through defining, communicating, attaining, monitoring and measuring.

Using the well respected SMART goals formula, we then learn how to create these goals successfully as an individual or in a team environment.

Depending on your company needs, we then either create and map goals in a fictional environment (for shorter courses), or create them to align with your immediate needs (which is discussed prior to the session).

Key Takeaways

By the end of day one participants will have learned and practiced:

- Using the power of goal and mission implementation
- Goal setting in steps
- Motivation, engagement and confidence
- SMART

Design

Contact us with your delegate count, and your expected goals or purpose. Your itinerary for the program can then be designed and customized with you so we can meet all set objectives. Duration of the training depends on number of participants and the objectives and can be from 3 hours to 3 days.

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Symbiosis

noun

Interaction between organisms living in close and long-term biological association, typically to the advantage of both.

"The acquried symbiosis in our team resulted in a mutual sense of oneness."







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